# Quiz

- T F 1.) God expects us to forgive and forget.
- T F 2.) I need the forgiveness of others so that I can have peace.
- T F 3.) My forgiveness of others is an option.
- T F 4.) Our feelings will change when we forgive someone.
- T F 5.) Remembering a painful event will ultimately hurt us, and never serves a good purpose.
- T F 6.) When I ask forgiveness, the offended party will probably respond in kind.
- T F 7.) You can tell when someone has forgiven you by their changed outward behavior.
- T F 8.) We should forgive so that we can feel better.
- T F 9.) Forgiveness is an act of the will.
- T F 10.) Forgiveness and contentment are ultimately unrelated.
- T F 11.) Paul's secret to contentment was probably due to the fact that he had reconciled himself to the people with whom he had disagreed in the gospel.
- T F 12.) Lack of contentment and perceived need go hand in hand.

## Studies in Contentment Handout

## Lesson #8

"MAY GOD'S GRACE GIVE YOU THE NECESSARY HUMILITY.. TRY NOT TO THINK..MUCH LESS SPEAK..OF *THEIR* SINS. ONE'S OWN ARE A MUCH MORE PROFITABLE THEME. AND IF, ON CONSIDERATION, ONE CAN FIND NO FAULTS ON ONE'S OWN SIDE, THEN CRY FOR MERCY..FOR THIS MUST BE A DANGEROUS DELUSION."

## - C. S. Lewis

## **Ephesians 4:32-5:2**

<sup>32</sup> Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. 5 <sup>1</sup> Follow God's example, therefore, as dearly loved children <sup>2</sup> and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

#### Matthew 7:3-5

<sup>3</sup> "Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? <sup>4</sup> How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? <sup>5</sup> You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.

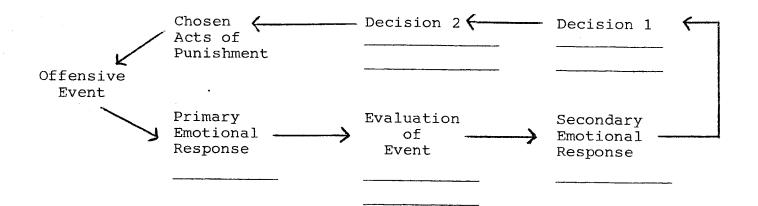
### Matthew 22:36-40

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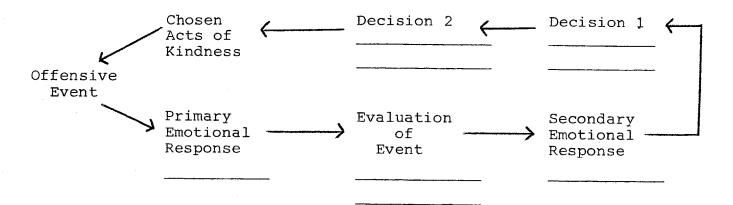
<sup>&</sup>lt;sup>36</sup> "Teacher, which is the greatest commandment in the Law?"

<sup>&</sup>lt;sup>37</sup> Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. <sup>39</sup> And the second is like it: 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments.

#### NO FORGIVENESS



### INCOMPLETE FORGIVENESS



#### TRUE FORGIVENESS

